	<b>GIMNASIO SABIO CALDAS (IED)</b> <b>Nuestra escuela: una opción para la vida</b> <b>PLAN ESCOLAR NO PRESENCIAL</b> <b>GUÍAS INTEGRADAS</b>	Código	PENP - 01
		Versión	001
		Fecha	12/04/2020
		Proceso	Gestión Académica

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<b>Áreas</b>	GRUPO 2 (Español, Comprensión lectora, Ciencias Sociales e Inglés)		
<b>Eje Temático</b>	Covid - 19 learning support.		
<b>Fecha de envío</b>	Junio 1	<b>Fecha límite para el desarrollo</b>	Junio 5
<b>Tiempo de ejecución de la guía</b>	5 hours aprox.		
<b>NOMBRE DE LA GUÍA</b>	TIPS FOR HOME LEARNING		
<b>Contextualización (REFERENTES TEÓRICOS, RECURSOS DE TRABAJO...)</b>			



Many students around the world can't go to school at the moment. Using our Learn English Teens website can help you keep learning and practicing your different subjects at home at this difficult time.

To get started, we suggest that you spend between 20 and 30 minutes a day using LearnEnglish Teens. If you do this, you'll start to make real progress. Read on for some simple ideas of activities to do.

### **Revise schoolwork**

Look through your English school book, webpages of your school and start to revise! To learn a language well, revision is important. Choose topics that you covered at school and then search for material on the website that will help you practice and improve. You can filter the content by Section, Level and Topic.

## **Challenge a friend**

Keeping in touch with your friends is important. Why not choose a friend and challenge them to a game of Wordshake to see who gets the most points?

You could also have fun with a friend guessing what the odd photos are in our What is it? section.

## **Improve your vocabulary**

The more words you understand in a language, the better! As someone very wise once said: 'Without grammar, little is understood. Without vocabulary nothing is understood'! So use this time to expand your vocabulary. Use the Vocabulary section and if it's too easy, another great way to learn new words is by reading our fantastic stories and articles in our Graded reading section. You can relax, read at your level and learn new words at the same time.

## **Join our learning community**

13- to 17-year-olds can register on Learn English Teens for an account. Registered users can write comments on the website to put their English into practice.

You can also join our Facebook community, which shares loads of great tips and advice for learning English.

## **Finally, here are some general tips to help you learn at home.**

### **Top tips for home-learning**

#### **1. Plan your day**

Think about how you're going to spend each day. Get up at the same time each day (not too late!) and get showered and dressed as if you were going to go to school. It's important not to stay in your pyjamas all day as you won't feel like studying in your PJs! Make a timetable to plan activities for the day – put 20–30 minutes of English learning into your timetable and see ideas below for activities.

#### **2. Balance online and offline activity**

For many teenagers more time at home will mean spending even more time than usual online. Be aware of how long you spend online each day and take regular screen breaks to stretch and take your eyes off the screen. Also, make sure you switch off tablets and phones at least an hour before you go to bed. It's also important to limit the amount of news you read and hear about the virus. You should keep informed, but try not to follow the news all day, every day.

#### **3. Exercise and healthy eating**

Try to take some exercise each day. There are lots of exercise tutorials being shared online that you can do at home, so find one you enjoy and follow the videos that are offered. Try to eat meals at regular times and ensure you eat fresh fruit and vegetables and drink plenty of water.

#### **4. Keep in touch with school friends**

Keeping in touch with your school friends is important but you don't have to be connected every minute of the day! Work out what you think is a good amount of time to be connected to friends.

#### **5. Think of others and help when you can**

This is a difficult time for you, but it's also going to be difficult for the other people in your home. Your parents/carers will be adjusting to changes in their own lives too and will have additional concerns about their jobs etc. We all need to be more patient than ever at this time. If you can, think about others who are less fortunate than you are and if there are ways you can help to support friends and neighbours, then do so. Loads of great ideas are appearing, and people are showing how creativity can really help in unusual situations like this one.

#### **6. Learn something new**

Set yourself a challenge to learn something new. This is the perfect opportunity to learn skills that take time. There are many video tutorials to help you. So improve your typing skills, learn to juggle, learn how to cook – whatever you want, but try to make the most of this extra time. We wish all our learners on Learn English Teens all the very best. We are here on the website and on our Facebook page to answer any questions you have about learning at home.

Take care,

<https://learnenglishteens.britishcouncil.org/covid-19-learning-support>

The LearnEnglish Teens team

### **Descripción de las actividades**

A. te invitamos a reflexionar sobre las siguientes preguntas:

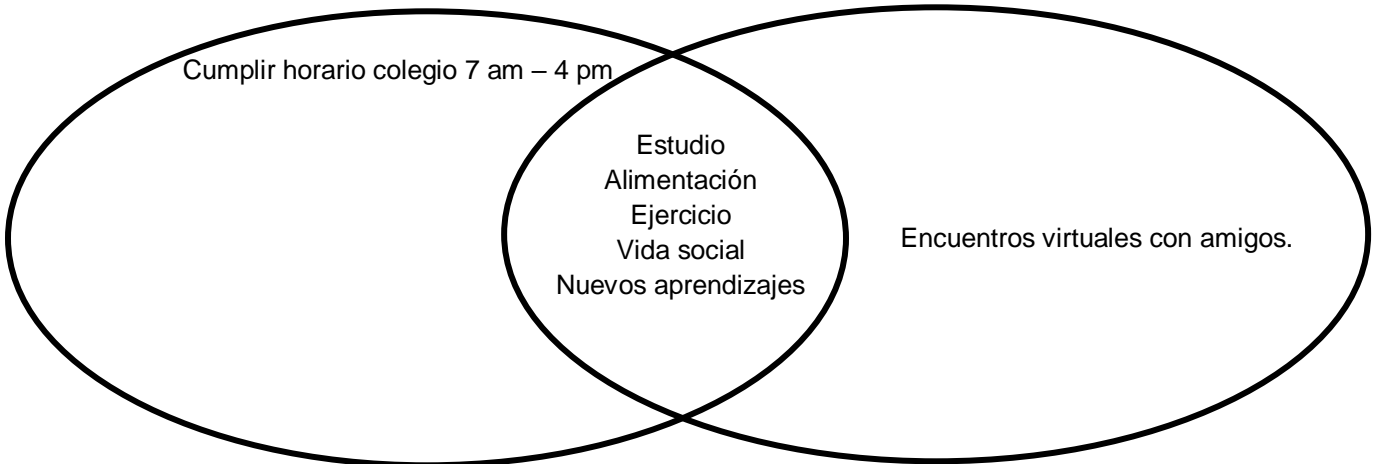
- 1.** Which is the form of that our society apply the new form to study?
- 2.** Write a list where can mention which actions have been taken" El Ministerio de Educacion Nacional" in this Quarantine.
- 3.** Which activities do you do by day according to the reading? And Why? Write a short description.
- 4.** select two classmates, write them a letter where you express two tips to each of them to improve their learning at home.
- 5.** En esta crisis de pandemia ¿Cuáles han sido las memorias y vivencias que han construido en familia? ¿Cuáles han sido las actividades que los han enriquecido como personas y les han generado sentimientos de seguridad y confianza?
- 6.** ¿Cómo se aprovecha en el hogar esta experiencia viviendo en cuarentena para aprender habilidades como la solidaridad, la empatía, la adaptación al cambio, el trabajo en equipo, la

colaboración y la cooperación?

7. Completa el diagrama de Venn resaltando las semejanzas y diferencias de lo que realizabas antes de la cuarentena y lo que actualmente haces en casa, tomando en cuenta los consejos que nos da el texto.

**ANTES DE CUARENTENA**

**AHORA EN CUARENTENA**



1. ¿Cuál es la idea principal del texto?

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**Webgrafía/MATERIAL SUGERIDO O COMPLEMENTARIO PARA CONSULTA (OPCIONAL)**

OPCIONAL

Enlaces de apoyo:

Learn English teens <https://learnenglishteens.britishcouncil.org/covid-19-learning-support>

British council <https://learnenglishteens.britishcouncil.org/>

**Criterios de Evaluación**

ÁREA	SOCIALES	ESPAÑOL	INGLÈS
<b>CRITERIO</b>	PENSAMIENTO SOCIAL:	INTERPRETACIÓN Y COMUNICACIÓN	DEVELOPMENT SOCIOLINGUISTIC COMPETENCE.

	Analiza diversas perspectivas, argumenta y desarrolla un pensamiento crítico para la formación sociocultural del estudiante.		Lee y amplía el conocimiento de sus alrededores a través de la lectura identificando las ideas principales.		Identify the different strategies had been used for education in this Courantine. Through different messages written for your classmates.	
<b>ENTREG A</b>	APROBADO	PENDIENTE	APROBADO	PENDIENTE	APROBADO	PENDIENTE